



10 REASONS TO WASH YOUR HANDS



● Immediately prior to the commencement of each work shift

● At the beginning of the day's work or after a rest period;

● After handling raw vegetables, fruit, eggs, meat or fish

● After handling a handkerchief, money, a refuse container or refuse

● After every visit to a latrine or urinal

● Before handling ready-to-use food

● After handling a non-prepacked foodstuff that is classified as a common allergen

● After my hands have become soiled or contaminated for any other reason.

● Every time I blow my nose or after my hands have been in contact with perspiration or with my hair, nose or mouth.

● After I have smoked or used tobacco in any form or on return to the food premises

For more guidance visit



www.foodfocus.co.za